

The Boobie Square

Boobs. Breasts. Tits. Whatever you call them, they're important, and sometimes, they get sick. This square was inspired by my own personal experience with breast health. In the days following surgery to remove a mass and awaiting biopsy results, I was struck with the urge to create something to represent and document my journey. To make something that would remind and inspired others to complete that oh-so-important self breast exam, and hopefully encourage my fellow scaredy-cats to seek help sooner rather than later.

Skill: Beginner/Intermediate

US Terms

Materials:

A small amount of worsted weight yarn to represent the skin, nipple, and areola colors of your choice.

H hook (5.00 mm) Yarn needle for weaving in ends.

Gauge: Final square measures approximately 6.75" across.

Stitches/Abbreviations:

Slip Stitch (sl st)

Chain (ch)

Single Crochet (sc)

Double Crochet (dc)

Back Loops Only (blo)





Notes: <> indicates stitches made into a corner space.

For a perkier nipple, repeat round 2, stitching into both loops instead of back loops only.

Round 1: (nipple) Magic circle, ch 1. 6 sc into circle, join and pull tight. (6)

Round 2: Ch 1. In blo, 1 sc in each stitch around. Join. (6)

Round 3: (areola - change color if desired) Ch 2. In blo, 3 dc in each stitch around. Join. (18)

Round 4: (breast - change to skin color) Working in blo, ch 1, sc in same stitch. Dc in blo of same stitch. Continuing to work in blo, 2 dc in each stitch around. Join. (36)

Round 5: Ch 1, sc in same stitch, ch 1 (counts as dc). dc in the next stitch, 2 dc in the next. Repeat *dc, dc, 2 dc* x11. Join. (48)

Round 6: Ch 1, sc in same stitch, ch 1 (counts as dc). dc in the next 2 stitches, 2 dc in the next. Repeat *dc, dc, dc, 2 dc* x11. Join. (60)

Round 7: Ch 1, sc in same stitch, ch 3 (counts as dc + ch 2), dc in same stitch. This forms the first corner. Dc in next 14 stitches. Repeat *<dc, ch 2, dc> in first stitch, dc in next 14 stitches* x3. Join. (16 dc between each ch space)

Round 8: Ch 1, sc in ch space, ch 1 (counts as dc). Working into the same ch space, 2 dc, ch 2, 3 dc. Dc in the next 16 stitches. Repeat *<3dc, ch 2, 3dc>, dc in next 16 stitches* x3. Join. (22 dc between each ch space) Finish off.

